

## **ED 304 - Methods and Materials of Elementary PE/Health**

3 Credit Hours

A course focusing on how children learn to be proficient movers within the school physical education setting. Emphasis will be placed on the pedagogical skills necessary to plan, implement and evaluate a developmentally appropriate physical education and health program for K-5. Emphasis will be placed on instructional methods, classroom management, legal liability, evaluation, resources, and technology. Course content will reflect the NC Standard Course of Study in Healthful Living for Physical Education.