

COU 590 - Counseling Skills & Techniques

3 Credit Hours

This course equips students with basic helping skills needed to assess, engage, and support clients from diverse backgrounds and with a wide range of normal, abnormal, crisis, and other dilemmas across the life span.

Experiential learning activities, such as role plays, will be held to prepare students to prepare for practicum.

(Prereq. COU 570)

Prerequisites

[COU 570](#)