

## **GT 103 - Learning & Technology**

3 Credit Hours

This course will equip students with critical learning tools to enhance their college experience. Content in this course is designed to implement life management principles, including best practices for managing time and stress in the specific context of the academic environment, as well as technologies specific to the institution. This course will cover the topics of digital citizenship, digital fluency, and self-awareness to ensure success in and beyond the classroom.