

MPH 630 - Human Health & Nutrition

3 Credit Hours

This course provides nutrition basics and information on diets specific to certain diseases using evidence-based models. Additionally, students will explore the development of eating disorders, and the benefits of various diets on human health with focus on the issues in America's food system and how they relate to public health.

(Exemptions: Students who have earned a BS in Public Health from Carolina University within the previous five years and have completed this course with a grade of B or higher may substitute for an elective or research course of equivalent credit value. Substitutions must be approved by the Program Director/Registrar.)

Prerequisites

[MPH 501](#)